

COVID Awake Repositioning / Proning Protocol (CARP)

Aim: To avoid intubation and improve saturations in COVID19 patients

Scope: Emergency Department

Timed Position Changes

Q 2 hrs, ask patient to switch between the following positions, bed adjustments will be required between positions

1. Left Lateral Recumbent
2. Right Lateral Recumbent
3. Sitting Upright 60-90 degrees

If patient is not CPAP Mask (because of high risk of disconnection), an additional position can be tried:

4. Lying Prone in bed (LIP may choose to Prone CPAP patients as well)

If these 4 positions are not raising the Oxygen Saturation, a 5th position can be tried:

5. Trendelenburg (Supine, Bed 30 degrees Head Down)

15 Minutes after each position change, check to make sure that Oxygen Saturation has not decreased. If it has, try another position.

Positions Changes to Counter Hypoxemia

If patient has a significant drop in Oxygen saturation, follow these steps:

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1. Ensure the source of the patient's Oxygen is still hooked up to the wall and is properly placed on the patient (this is a common cause of desaturation)
2. Ask patient to move to a different position as above
3. If after 10 minutes, the patient's saturations have not improved to prior levels, speak with LIP about escalation of oxygen modality vs. trial of additional positions