

pH & pO₂ monitoring during mechanical ventilation: ABG, VBG, or etCO₂?

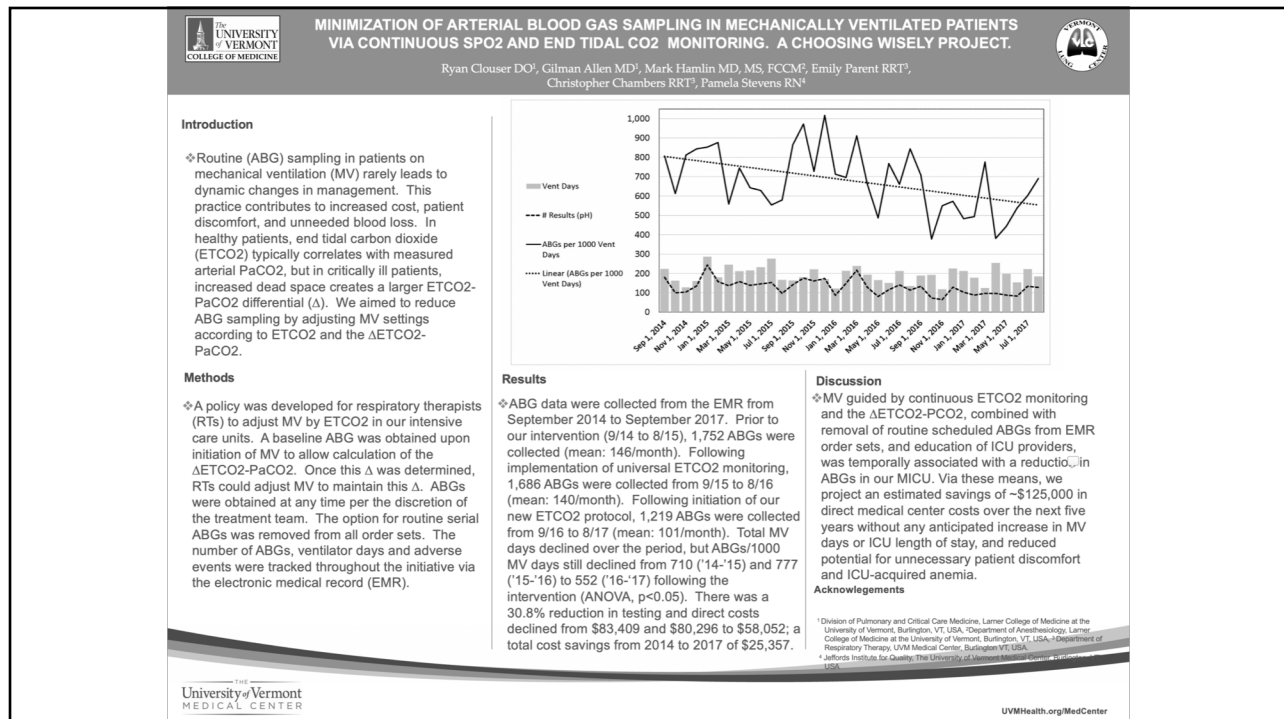
Josh Farkas MD, MS


Division of Pulmonary & Critical Care, UVM



blog: PulmCrit.org


no conflicts of interest 💰





MINIMIZATION OF ARTERIAL BLOOD GAS SAMPLING IN MECHANICALLY VENTILATED PATIENTS VIA CONTINUOUS SPO2 AND END TIDAL CO2 MONITORING. A CHOOSING WISELY PROJECT.

Ryan Clouser DO¹, Gilman Allen MD¹, Mark Hamlin MD, MS, FCCM², Emily Parent RRT³, Christopher Chambers RRT³, Pamela Stevens RN⁴

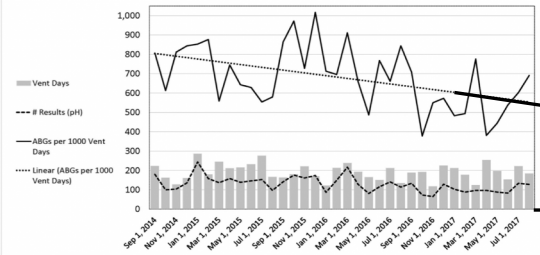


Introduction

❖ Routine (ABG) sampling in patients on mechanical ventilation (MV) rarely leads to dynamic changes in management. This practice contributes to increased cost, patient discomfort, and unneeded blood loss. In healthy patients, end tidal carbon dioxide (ETCO2) typically correlates with measured arterial PaCO2, but in critically ill patients, increased dead space creates a larger ETCO2-PaCO2 differential (Δ). We aimed to reduce ABG sampling by adjusting MV settings according to ETCO2 and the Δ ETCO2-PaCO2.

Methods

❖ A policy was developed for respiratory therapists (RTs) to adjust MV by ETCO2 in our intensive care units. A baseline ABG was obtained upon initiation of MV to allow calculation of the Δ ETCO2-PaCO2. Once this Δ was determined, RTs could adjust MV to maintain this Δ . ABGs were obtained at any time per the discretion of the treatment team. The option for routine serial ABGs was removed from all order sets. The number of ABGs, ventilator days and adverse events were tracked throughout the initiative via the electronic medical record (EMR).



Results


❖ ABG data were collected from the EMR from September 2014 to September 2017. Prior to our intervention (9/14 to 8/15), 1,752 ABGs were collected (mean: 146/month). Following implementation of universal ETCO2 monitoring, 1,686 ABGs were collected from 9/15 to 8/16 (mean: 140/month). Following initiation of our new ETCO2 protocol, 1,219 ABGs were collected from 9/16 to 8/17 (mean: 101/month). Total MV days declined over the period, but ABGs/1000 MV days still declined from 710 (*14-'15) and 777 (*15-'16) to 552 (*16-'17) following the intervention (ANOVA, $p < 0.05$). There was a 30.8% reduction in testing and direct costs declined from \$83,409 and \$80,296 to \$58,052; a total cost savings from 2014 to 2017 of \$25,357.

Discussion

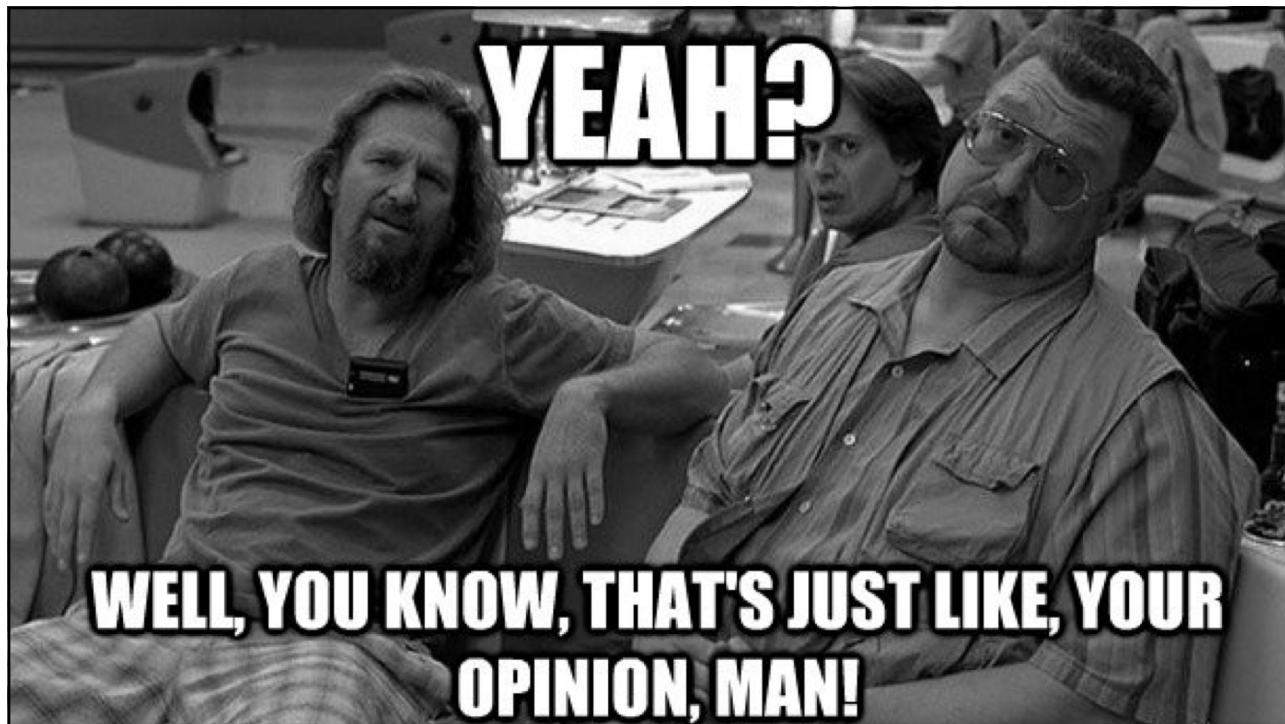
❖ MV guided by continuous ETCO2 monitoring and the Δ ETCO2-PCO2, combined with removal of routine scheduled ABGs from EMR order sets, and education of ICU providers, was temporally associated with a reduction in ABGs in our MICU. Via these means, we project an estimated savings of ~\$125,000 in direct medical center costs over the next five years without any anticipated increase in MV days or ICU length of stay, and reduced potential for unnecessary patient discomfort and ICU-acquired anemia.

Acknowledgements

¹Division of Pulmonary and Critical Care Medicine, Larner College of Medicine at the University of Vermont, Burlington, VT, USA. ²Department of Anesthesiology, Larner College of Medicine at the University of Vermont, Burlington, VT, USA. ³Department of Respiratory Therapy, UVM Medical Center, Burlington, VT, USA. ⁴Jeffords Institute for Quality, The University of Vermont Medical Center, Burlington, VT, USA.



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goals

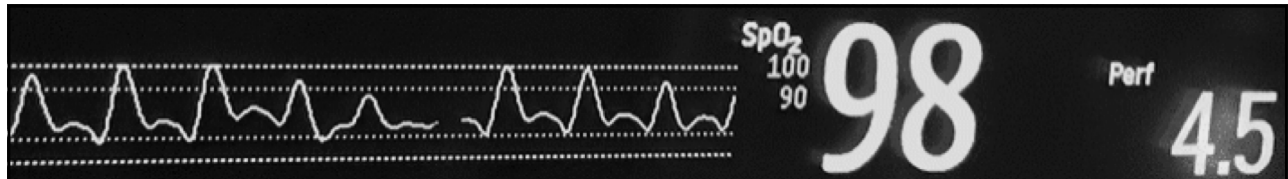
- monitoring oxygenation: pO_2 vs. pulse oximetry?
- ventilation: what is our target pH?
- VBG vs. ABG?
- $etCO_2$ strengths & weaknesses
- putting it together: algorithm



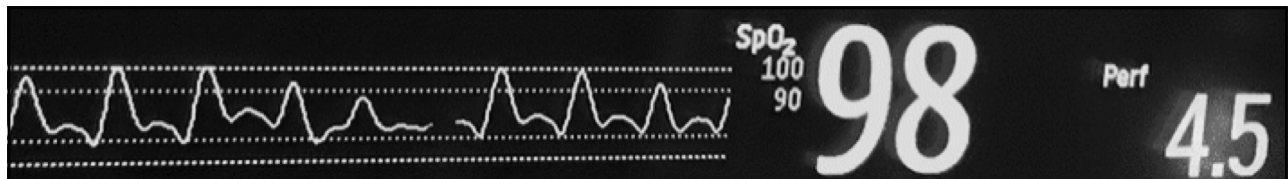
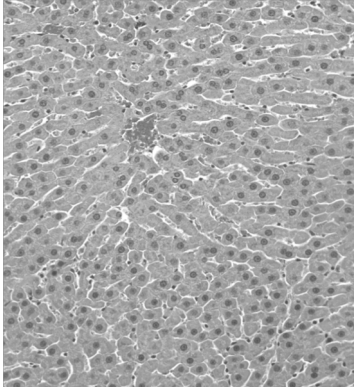
goals

- **monitoring oxygenation: pO_2 vs. pulse oximetry?**
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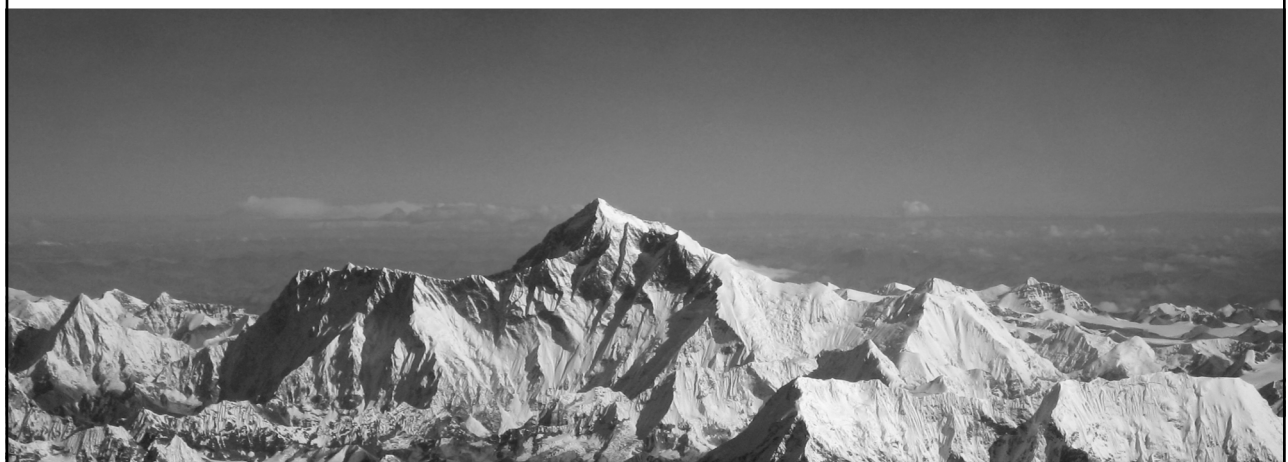




tissue oxygen delivery = 13.4 (cardiac output)(hemoglobin)(oxygen saturation)

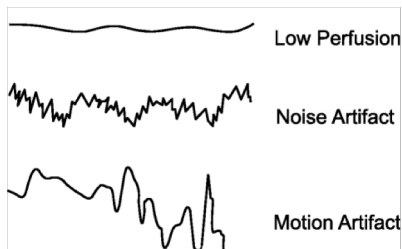


tissue oxygen delivery = 13.4 (cardiac output)(hemoglobin)(oxygen saturation)





limitations of pulse oximetry

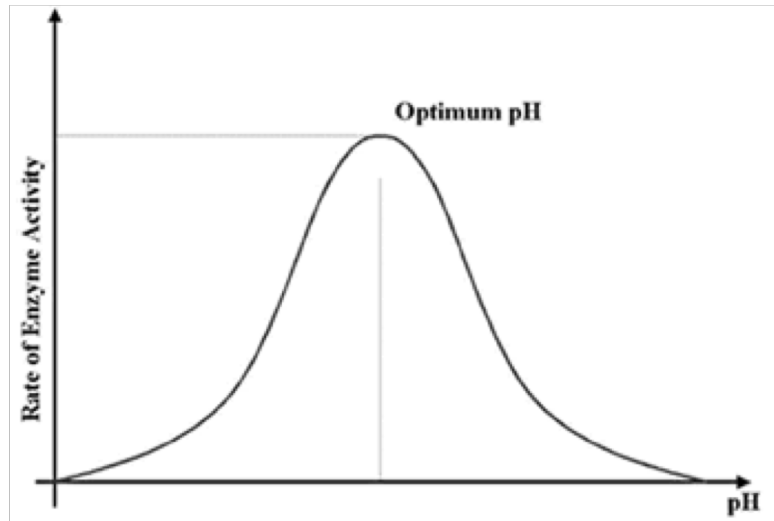


goals

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pH vs. pCO₂



respiratory alkalosis

Signs of a Panic Attack

An infographic titled "Signs of a Panic Attack" featuring a central illustration of a person sitting on a chair with their head in their hands. Surrounding this central figure are eight icons, each with a label: a hand covering a mouth for "Nausea"; a snowflake and a flame for "Chills or hot flashes"; a head with sweat droplets for "Sweating"; two hands with wavy lines for "Trembling or shaking"; a heart with a pulse line for "Heart palpitations"; a person with a cloud of breath for "Hyperventilation"; a hand with wavy lines for "Numbness and tingling"; and a dizziness icon for "Dizziness".

respiratory acidosis

Apneic oxygenation in man, Anesthesiology 1959, Nov/dec;789-798

Subject	Apnea duration (Minutes)	Lowest arterial saturation	Lowest pH	Highest PaCO ₂
1	30	100	-	-
2	45	100	-	-
3	55	100	-	-
4	45	100	6.88	160
5	18	99	6.97	130
6	45	98	6.87	160
7	53	98	6.72	250
8	38	100	6.96	130



Asay Del VL 7v-180

ESCHWEILER COMBI.LINE

NAME **(2)** *page 5 f-35*

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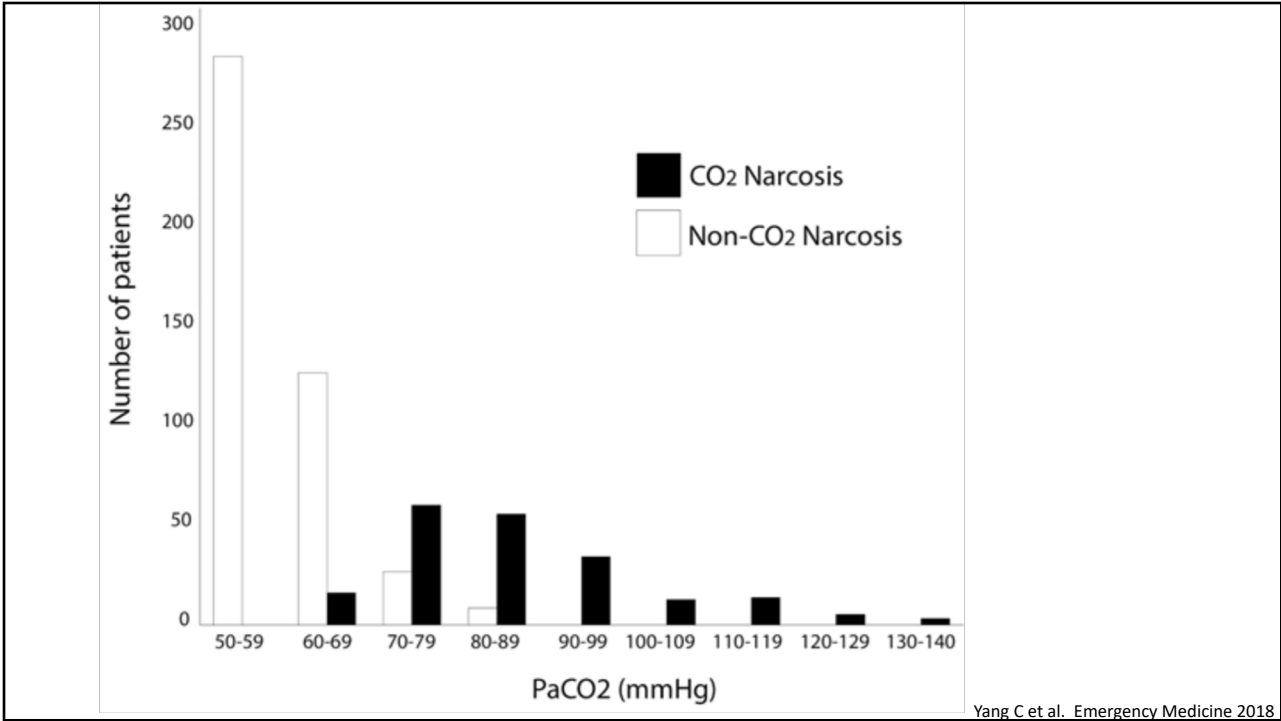
DATE 10:02 19.04.13

BP	740	mmHg
TEMP	37.0	C
HB	15.0	g/dl
HCT	45.0	%
FIO ₂	20.9	%
RQ	0.85	
P0 ₂	62.1	mmHg
PCO ₂	373.9	mmHg
PH	7.094	
H+	80.6	nmol/L
K	5.1	mmol/L
NA	149	mmol/L
HCO _{3A}	110.8	mmol/L
HCO _{3S}	193.9	mmol/L
BE	57.8	mmol/L



Garg SM 2014 PMID 25249747

permissive hypercapnia



Eastwood et al. *Critical Care* (2017) 21:196
DOI 10.1186/s13054-017-1770-6

Critical Care

LETTER

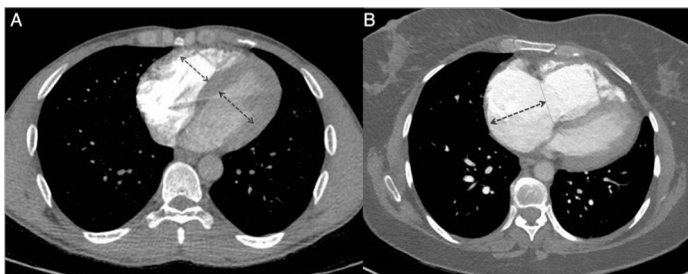
Open Access

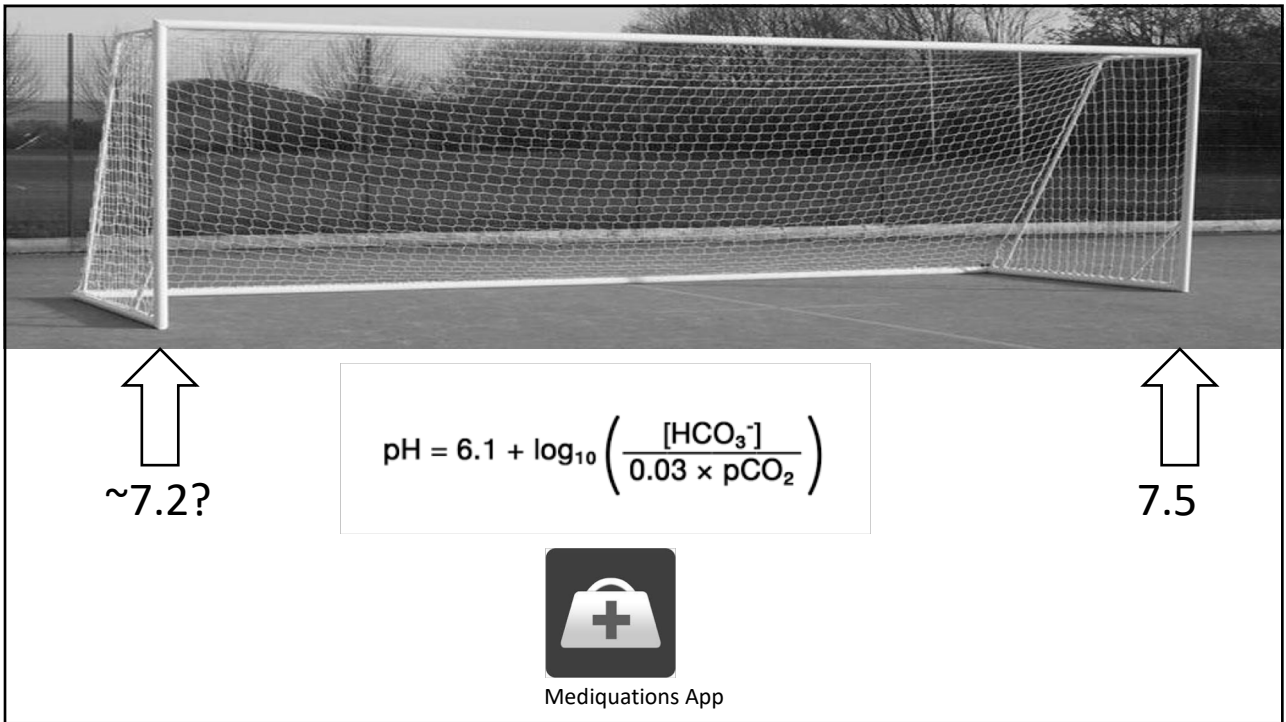
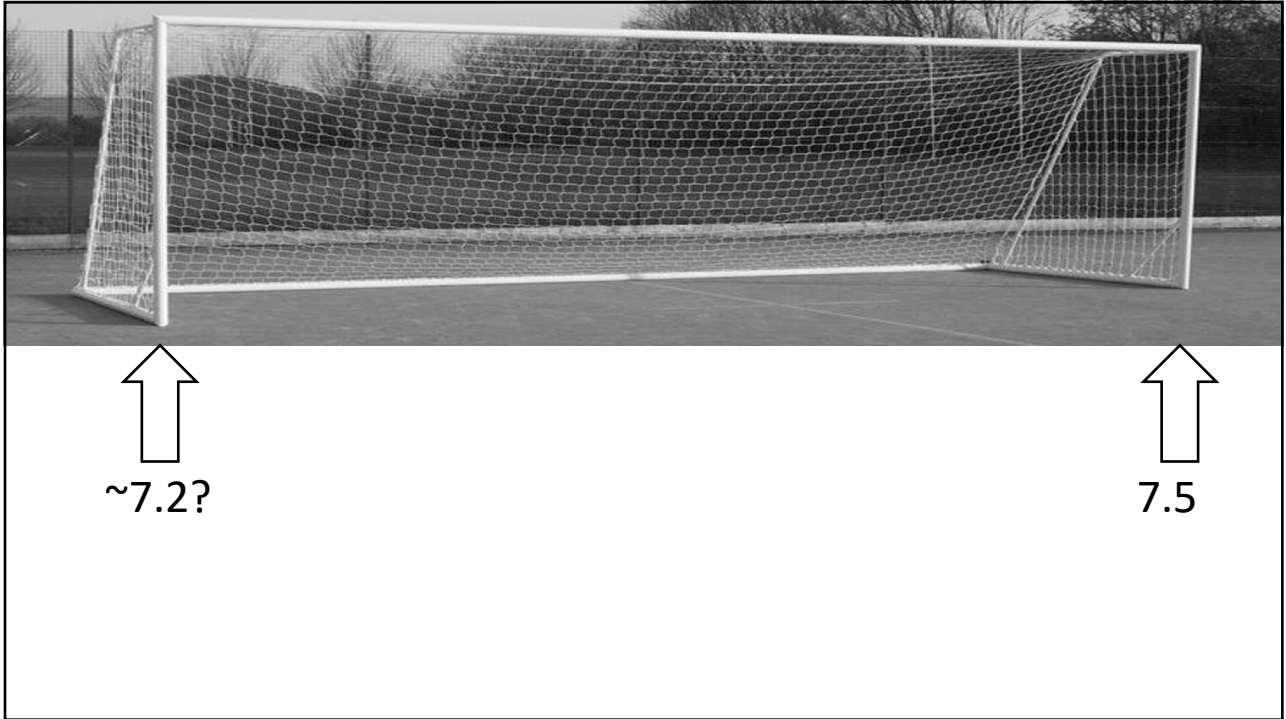
Targeted therapeutic mild hypercapnia after cardiac arrest

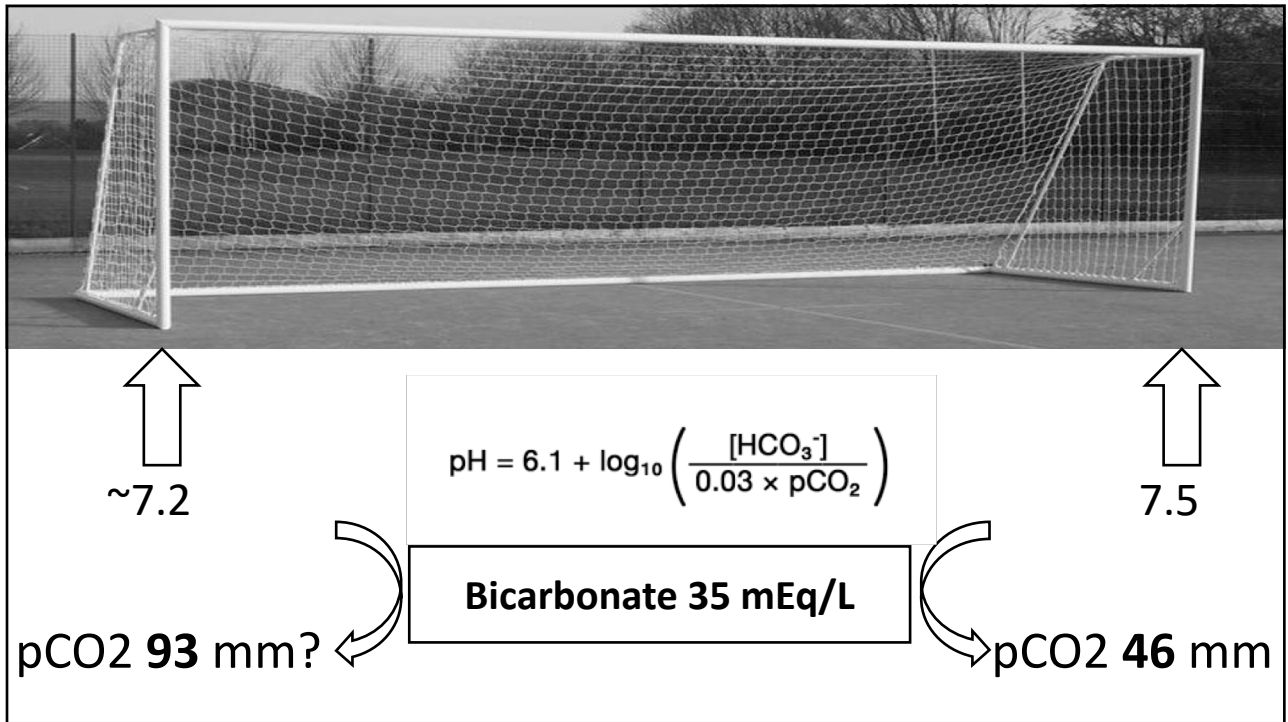
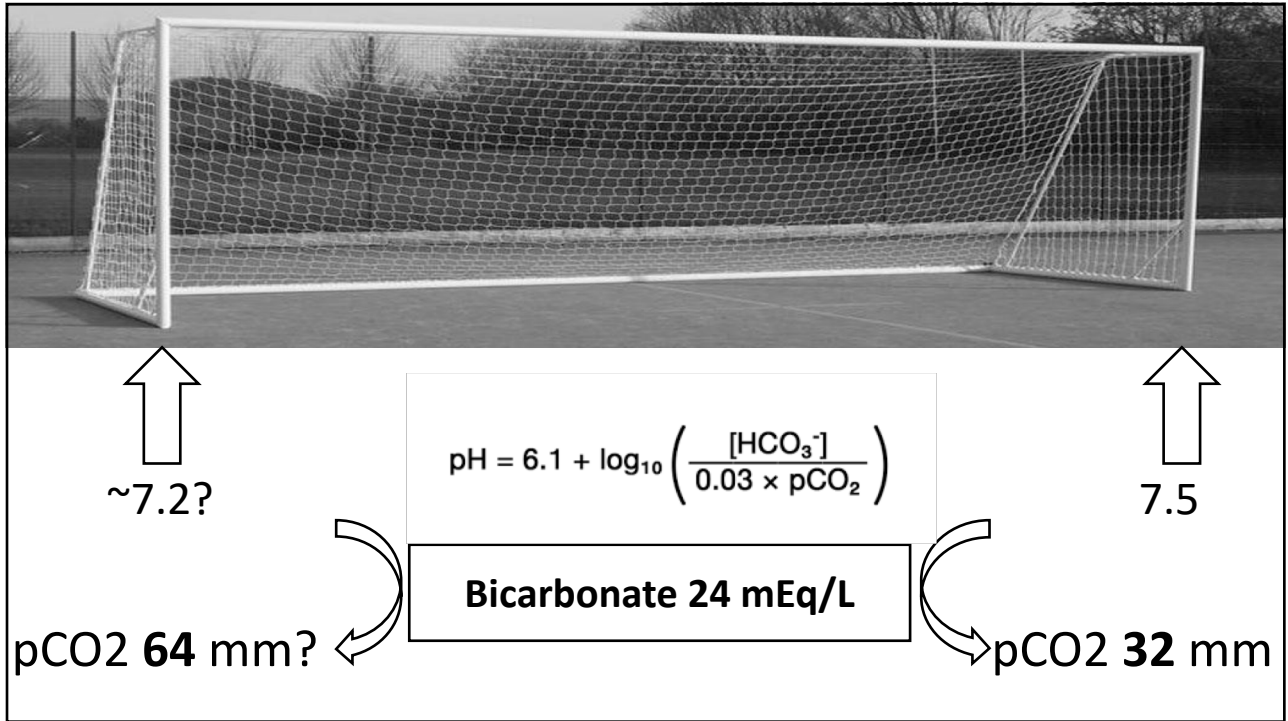


Glenn M. Eastwood^{1,2*}, Alistair Nichol^{2,3,4} and Matt P. Wise⁵

contraindications to permissive hypercapnia





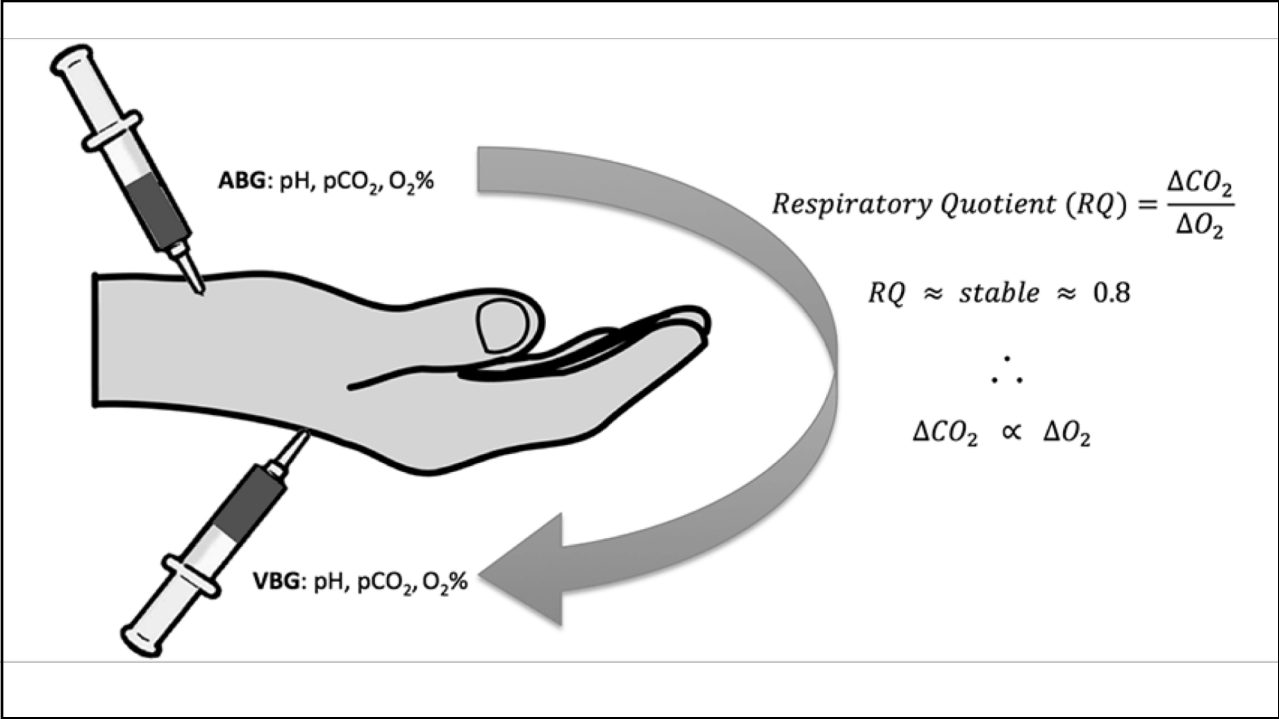
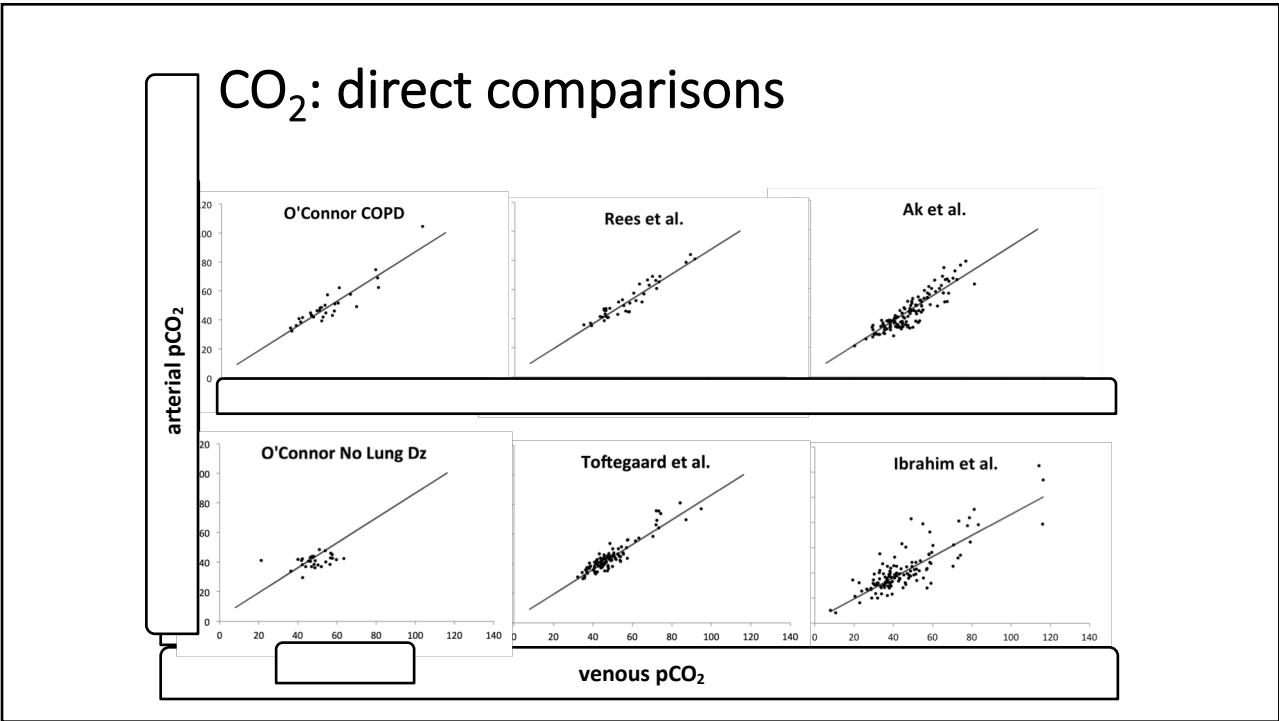


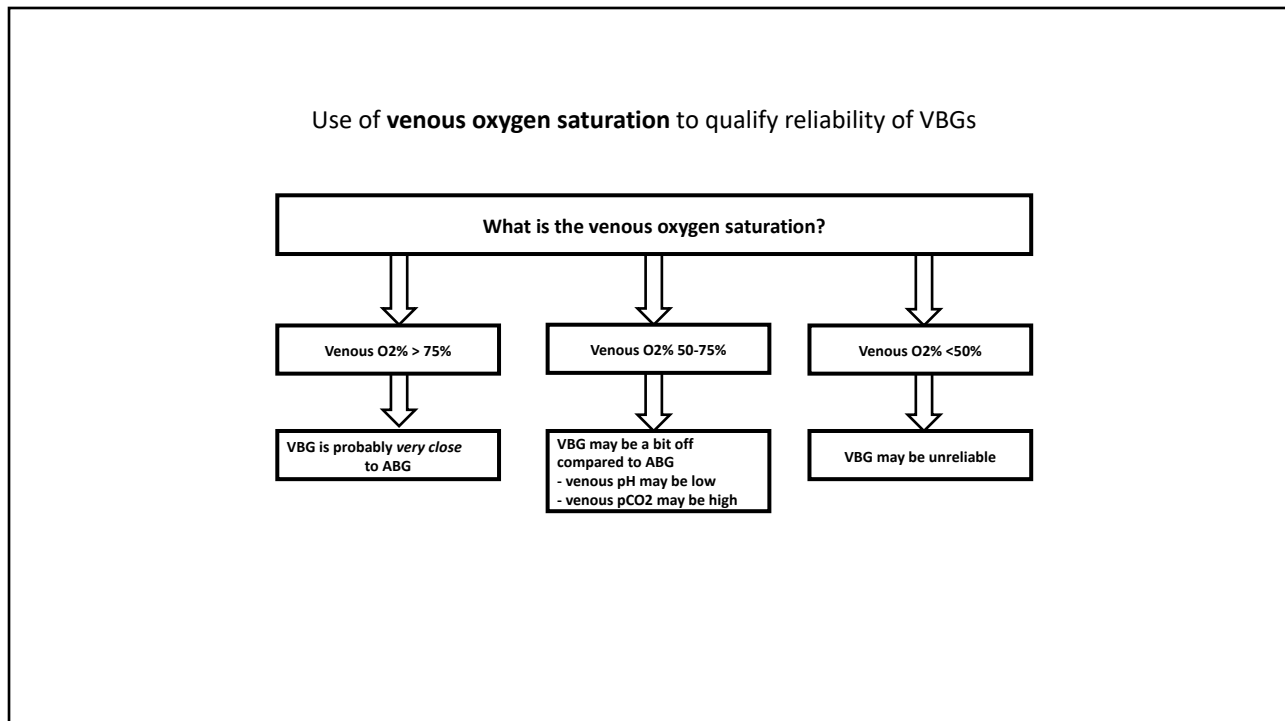
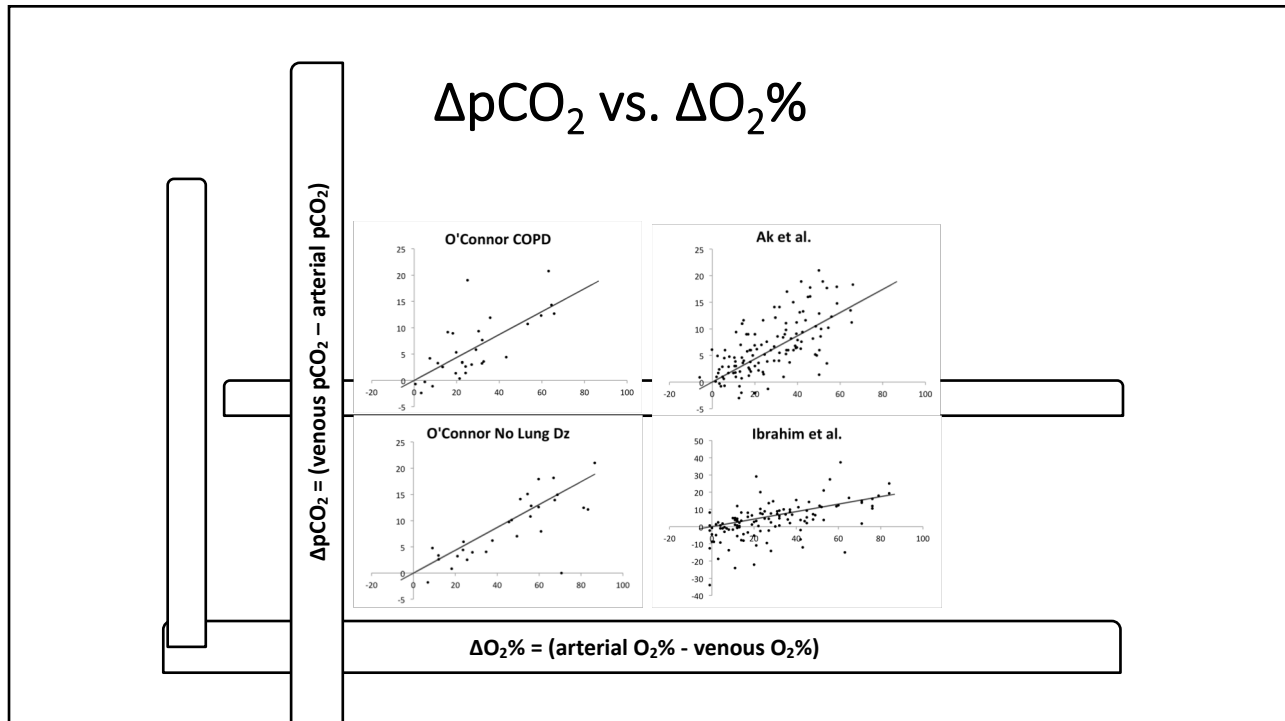


goals

- monitoring oxygenation: pO_2 vs. pulse oximetry?
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- $etCO_2$ strengths & weaknesses
- putting it together: algorithm









Vein

Catheter

josh farkas
@PulmCrit

goose-chase principle: if there is no solid evidence regarding a therapeutic goal (e.g. pH in ARDS), don't go crazy trying to chase it with high accuracy.



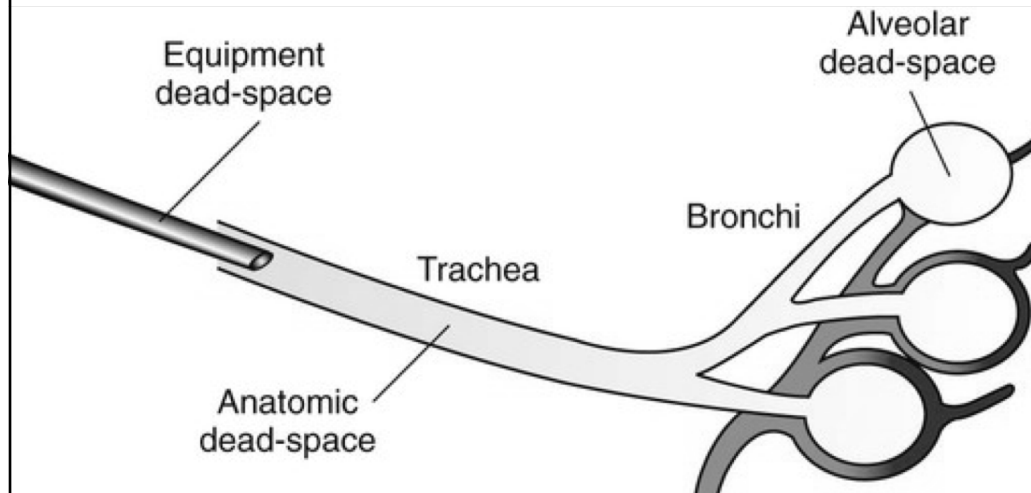
GIF

goals

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arterial $p\text{CO}_2 > \text{etCO}_2$
difference \sim dead space



arterial $p\text{CO}_2 > \text{etCO}_2$

- high etCO_2 (60 mm)
- low etCO_2 (20 mm)



narrow-gap patient

- normal lungs
 - intubated for non-respiratory reason
 - no history of lung disease
 - normal chest x-ray
- good capnograph

$$(PaCO_2 - etCO_2) < \sim 15 \text{ mm}$$

Bronchospasm (shark-fin appearance)

Asthma, COPD



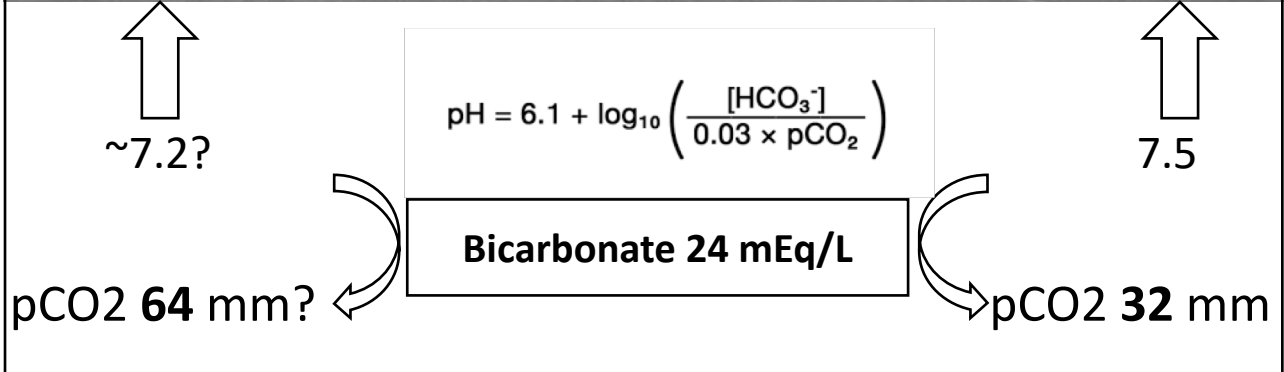
Hypoventilation

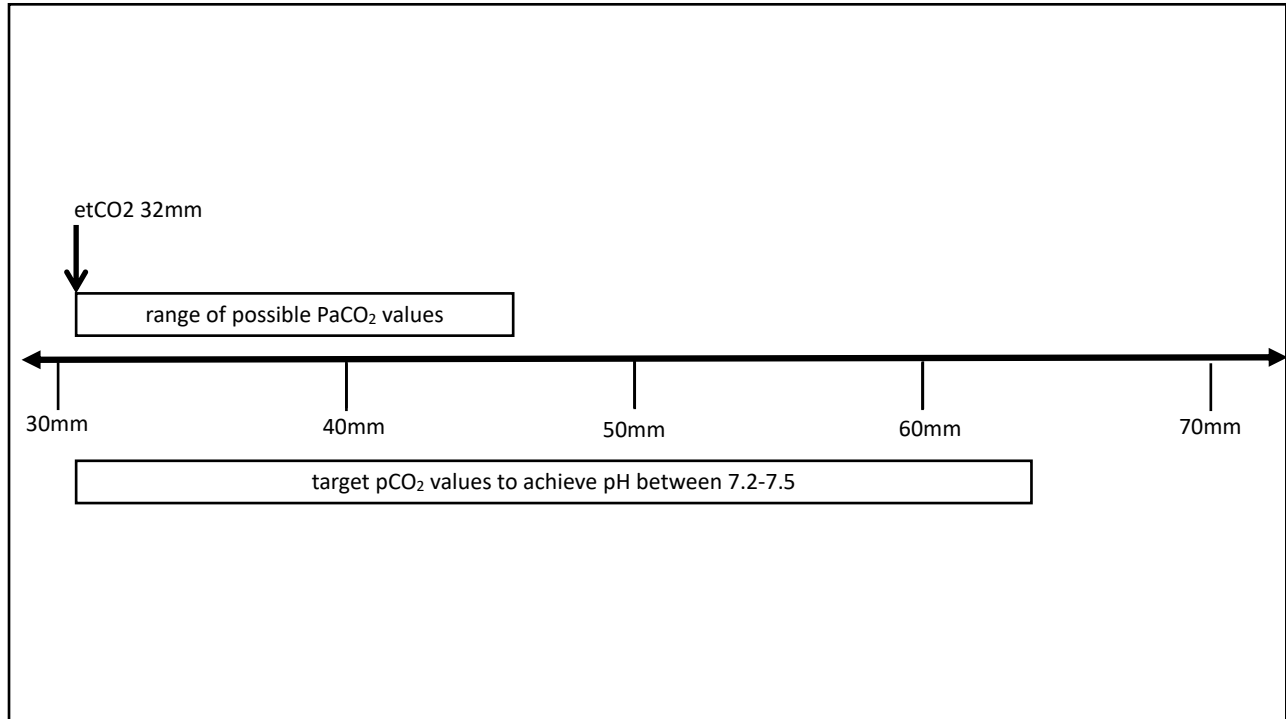


Hyperventilation



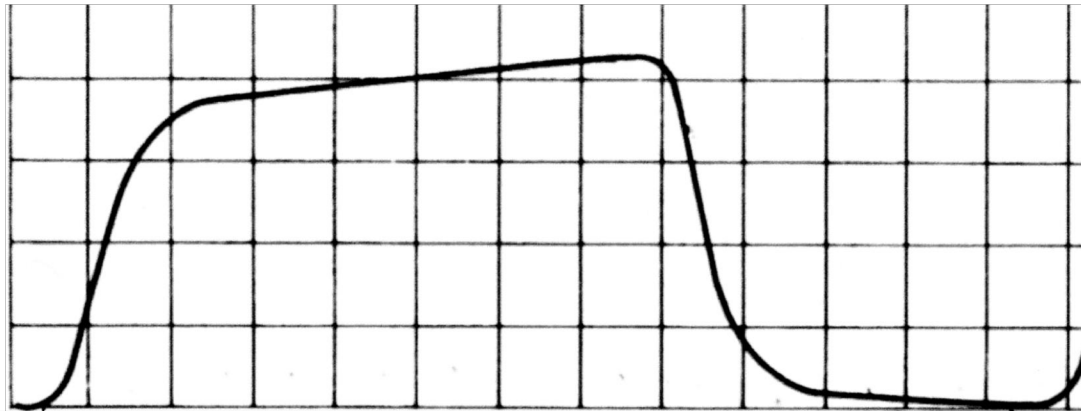
Decreased EtCO₂ — Apnea, Sedation



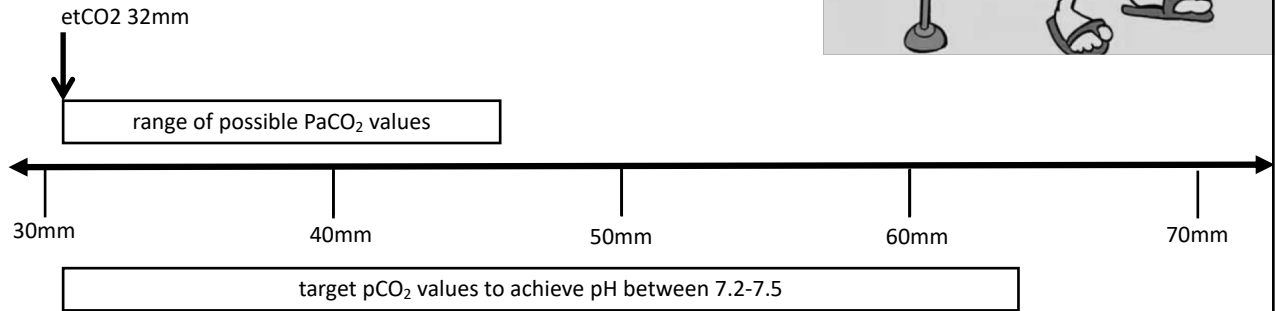


limitations of etCO₂

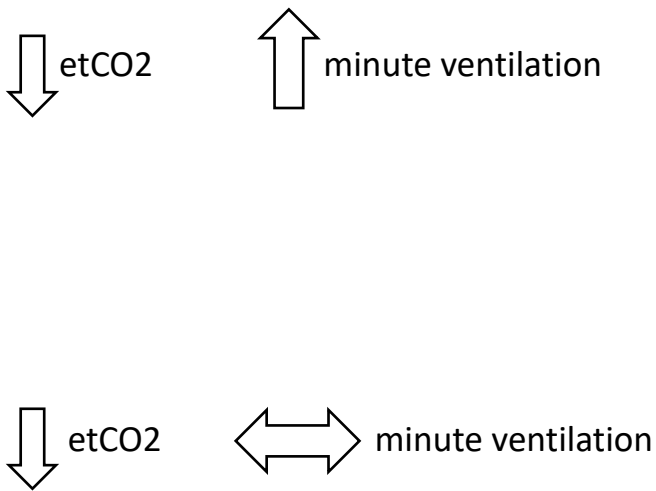
- APRV 🤔
- rapidly evolving lung disease



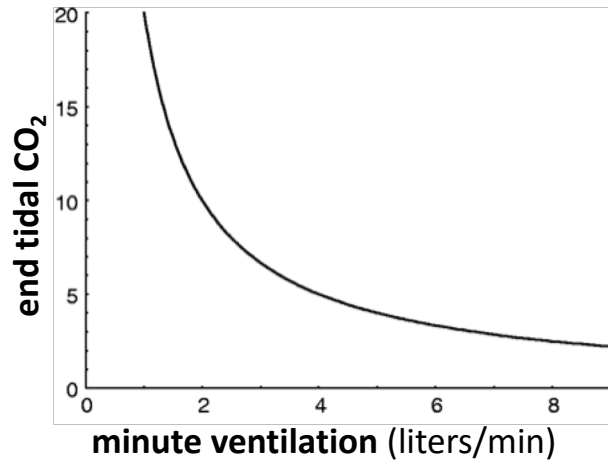
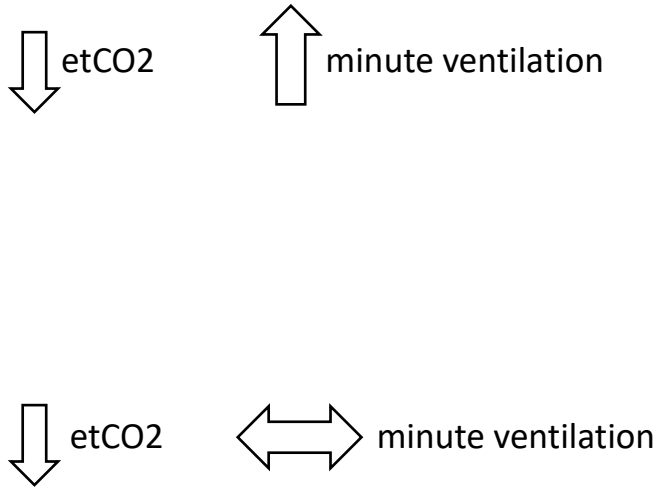
saving grace of etCO₂



ideal monitoring: etCO₂ & minute ventilation



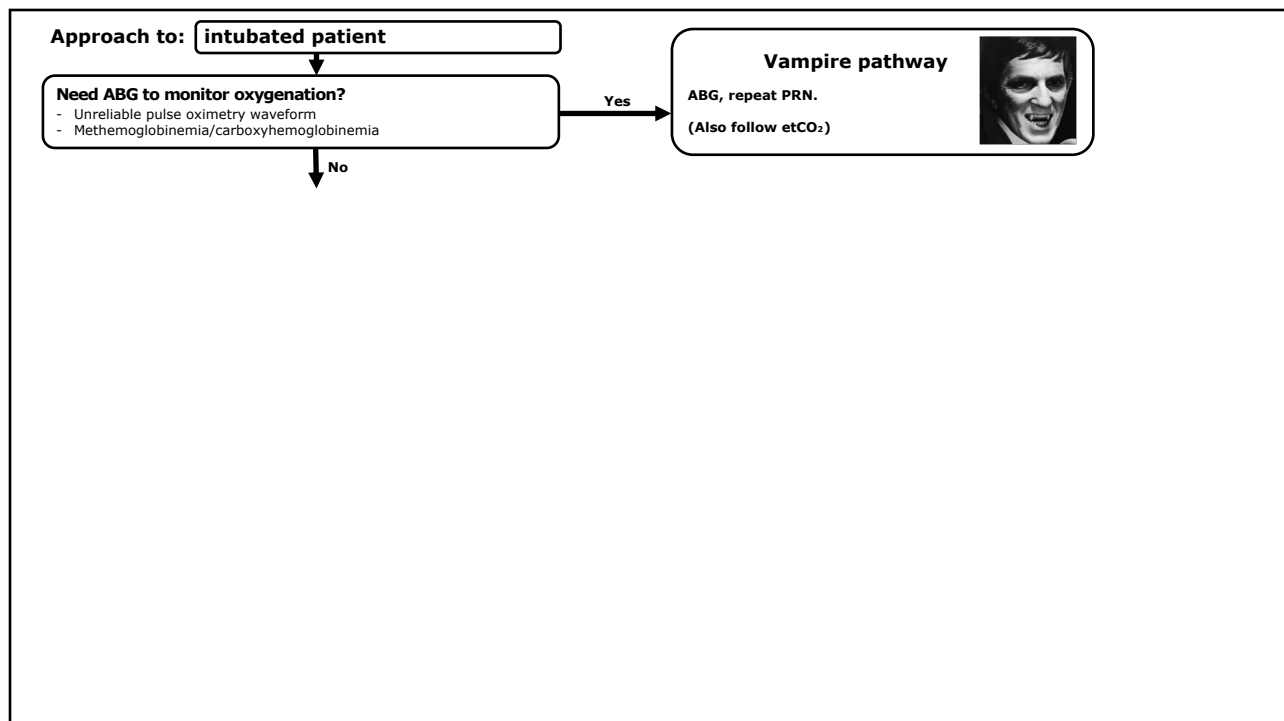
ideal monitoring: etCO₂ & minute ventilation

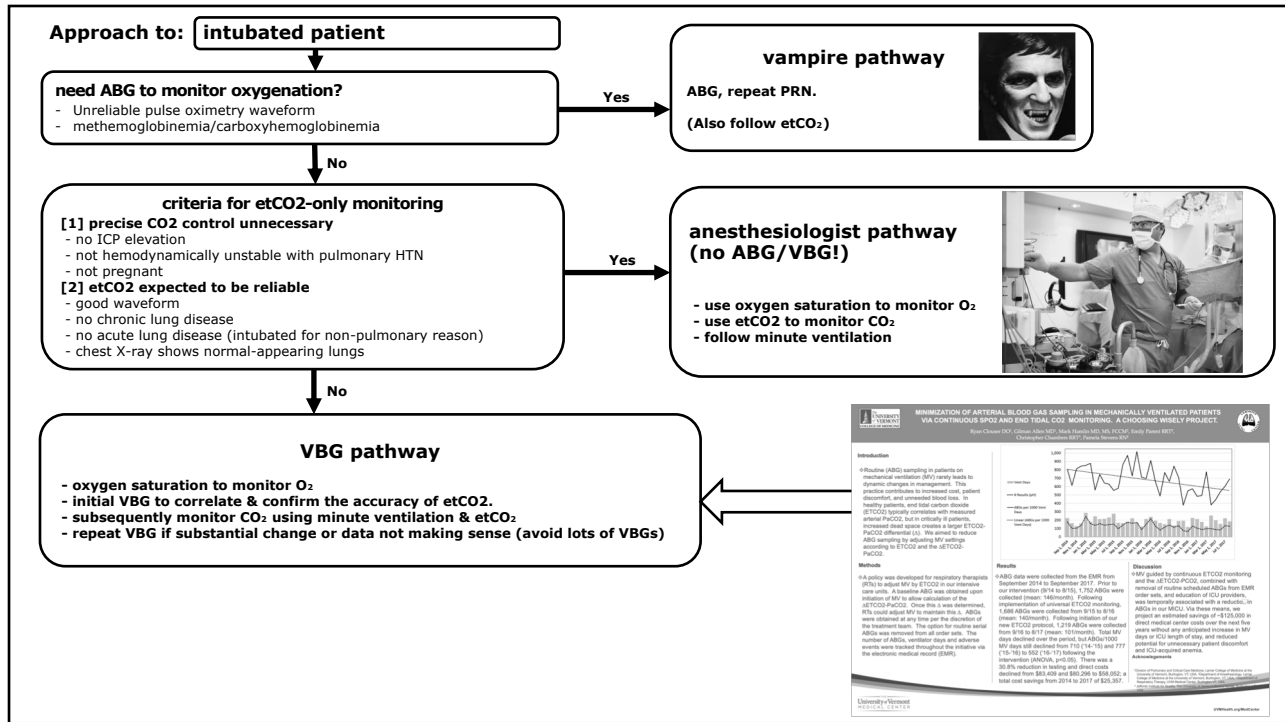
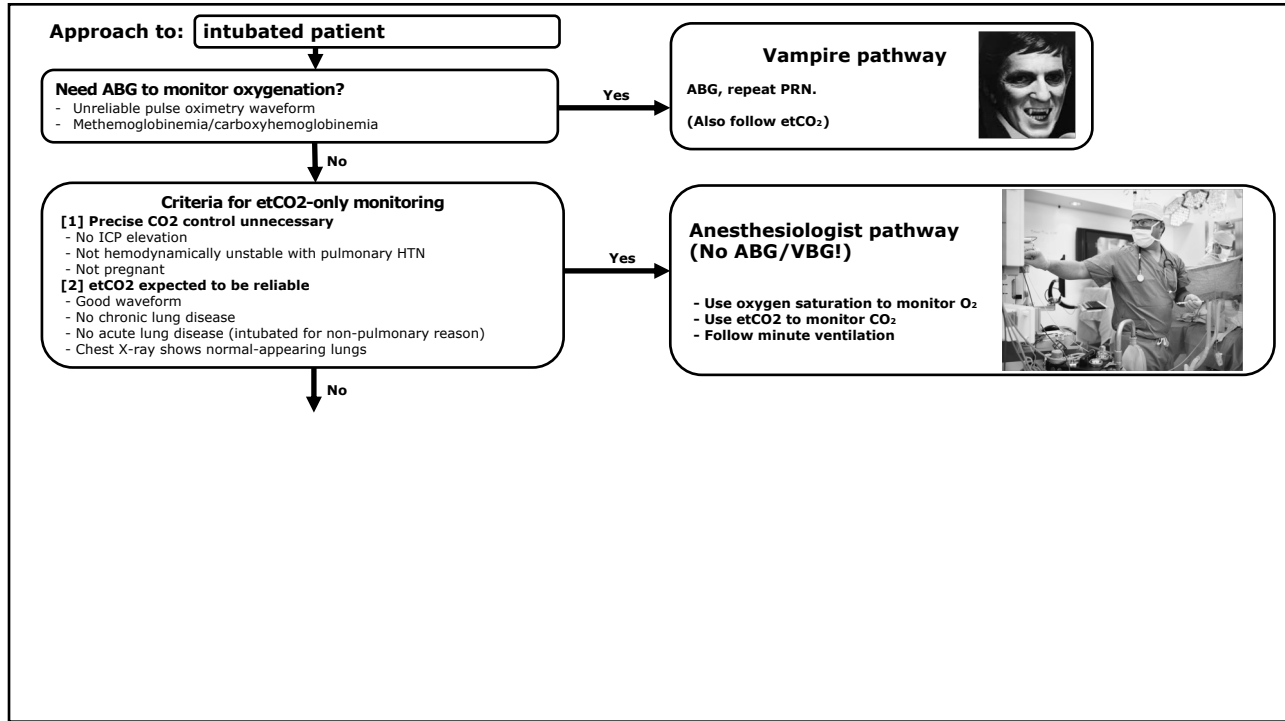


UVM Medical Center Medical Intensive Care Unit												03/30												03/31											
03/29												03/30												03/31											
2 Hrs: ◀																																			
12-14												14-16												16-18											
18-20												20-22												22-00											
00-02												02-04												04-06											
06-08												08-10												10-12											
12-14												14-16												16-18											
18-20												20-22												22-00											
Vitals																																			
Temp	36.8 (..)			35.1 (..)			35.1 (..)			36.4 (..)			37.5 (..)			37.6 (..)			38.4 (..)			37.7 (..)			37.3 (..)			38.5 (..)			Temp				
Temp Source	Tympanic			Tympanic			Tympanic			Tympanic			Tympanic			Tympanic			Tympanic			Tympanic			Tympanic			Tympanic			Temp So.				
HR	92*	83*		81*	78*	71*	75*	70*	66*	77*	83*	87	78*	82*	82*	81*	82	84*	72*	77*	83*	81*	76*	78	76*	75*	79*	HR							
NSR	Sinus			NSR	NSR	NSR		NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR	NSR						
Ventric Rhythm																															Ventric R.				
BP (cufl)	94/53*	97/65*	101/61*	92/55*	95/54*	100/65*	95/52*	97/62*	106/68*	118/68*	112/59	104/61*	101/47	117/69*	105/62*	121/60	122/61*	110/63*	103/63*	96/59*	83/49	104/64*	100/62	101/54*	115/59*	BP (cufl)									
MAP (cufl)	63*	72*	69*	61*	65*	74*	63*	70*	77*	81*	73	70*	60	81*	73*	75	74*	75*	72*	60*	57*	73*	70	65*	71*	MAP (cufl)									
RR	14*	15*	14*	17*	14*	16*	17*	16*	22*	27*	25	28	32	28*	28*	31	22	20*	25*	35*	38	28	28	23*	27*	RR									
SpO2	99*	99*	99*	99*	99*	100*	99*	99*	97*	98*	94	95*	96*	97*	96*	94	94*	95*	96*	95*	97*	97*	90	91*	97*	SpO2									
Pulse from Oxim	89*	82*	80*	72*	70*	73*	64*	65*	55*	82*	76	79*	59*	65*	79*	85	80*	71*	65*	79*	70*	74*	76	78*	76	Pulse Ox.									
CAM-ICU				Negative			Negative			Unable..			Negative			Unable..			Unable..			Unable..			Unable..			CAM-ICU							
Exspiration																																			
Pain/Sedation/NMBA																																			
Miscellaneous Drip																																			
Oxygenation																																			
Resp Rate	14*	15*	14*	17*	14*	16*	17*	16*	22*	27*	25	28	32	28*	28*	31	22	20*	25*	35*	38	28	28	23*	27*	Resp Rate									
SpO2	99*	99*	99*	99*	99*	100*	99*	99*	97*	98*	94	95*	96*	97*	96*	94	94*	95*	96*	95*	97*	97*	90	91*	97*	SpO2									
FI02	70	70	60	60	60	50	50	50	50	50	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	FI02								
Device	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Intuba..	Device								
HOB																																			
Sedation																																			
Ventilator Set																																			
FI02	70			60			60			50			50*			40			40*			40			40			FI02							
Mode	VC-AC			VC-AC			VC-AC			VC-AC			VC-AC			VC-AC			VC-AC			VC-AC			VC-AC			VC-AC			Mode				
Rate	18	20	20	20	20	20	20	20	20	20	14*	14	14	14	14	14	14	14	14	14	14	14	14	14	14	14	Rate								
VT	410	410	410	410	410	410*	410	410	410*	410	410	410	410	410	410	410	410	410	410	410	410	410	410	410	410	410	VT								
I-Time	1	1	1	1	1	1	1	1	1	1	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	0.9	I-Time									
Slope	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	Slope									
PEEP	14	12	12	10	10	10	10	10	10	10	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	PEEP								
PS											5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	PS									
Trigger	2	2	2	2	2	3	3	3	3	3	3*	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	Trigger								
Ventilator Measure																																			
Spont VT	0			0			0			0			0			0			0			0			0			0			Spont VT				
Mve	11*	9/6*	11/4*	9/6*	9/6*	10/9*	9/7*	10/1*	10*	10/2*	10/2	11/9*	10/1*	11/1*	8/7*	9/29	9/9*	10/4*	10/8*	15/3*	13/4*	13/4*	12/3	8/6*	10/8*	Mve									
Total RR	20*	22*	24*	23*	25*	28*	23*	27*	23*	24*	25	28*	27*	27*	23*	26	23*	24*	27*	38*	33*	31*	29	25*	25*	Total RR									
Spont RR	0*	0*	0*	0*	0*	2	0*	0*	0*	0*	0	0*	0*	0*	0*	0	0	0	0*	0*	0*	0*	0*	0*	0*	Spont RR									
PIP	22	26	25	25	25	33	33	32	32	32	19	19	19	19	19	20	21	21	17*	17*	20	20	20	20	PIP										
Plateau	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	Plateau									
MAP	17	18	15	15	15	17	17	17	17	17	14	14	14	14	14	14	14	14	14	14	14	14	14	14	14	MAP									
ETCO2	37	37	40	40	40	39	37*	37*	36	38*	38*	37	37	37	37	34	37	34	36*	36*	34	32	32	32	ETCO2										
Intake																																			
Output																																			
BLOOD GASES																																			
O2 Saturation	100			100			100			100			100			100			100			100			100			O2 Satur.							
pH I-STAT	7.44			7.44			7.44			7.44			7.44			7.44			7.44			7.44			7.44			pH I-STAT							
pCO2 I-STAT	52			52			52			52			52			52			52			52			52			pCO2 I..							
pO2 I-STAT	178			178			178			178			178			178			178			178			178			pO2 I..							
TCO2 I-STAT	37			37			37			37			37			37			37			37			37			TCO2 I..							
Sample Type	ARTER.			ARTER.			ARTER.			ARTER.			ARTER.			ARTER.			ARTER.			ARTER.			ARTER.			Sample ..							
Base Excess I-STAT	10			10			10			10			10			10			10			10			10			Base Ex..							

goals

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PulmCrit (EMCrit)

ABOUT PULMCRT GENIUS GENERAL HOSPITAL PULMCRT TOC IBCC TOC IBCC PODCA

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Respiratory Care Conf 2019
 April 1, 2019 by **Josh Farkas** – Leave a Comment (Edit)



"When you become comfortable with uncertainty, infinite possibilities open up" – Eckhart Tolle

Welcome to the e-resources for my talk at the Concepts in Respiratory Care conference in 2019.

Slides from the talk are located here here. Sorry they are black/white, it was the only way to reduce the file size enough to include it here.

Some related blog posts for further information:

- Top 10 reasons pulse oximetry beats ABG for assessing oxygenation.
- Converting a VBG into an ABG

Questions? Comments? Leave them below.

Filed Under: PULMCrit

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Comment Here - Speak Your Mind - Also leave your name, affiliations, and any conflicts you may have...

electronic handout

- <https://emcrit.org/squirt/resp2019/>

- link will be posted on **@PulmCrit**

