The 11th New York Symposium:
Neurological Emergencies & Neurocritical Care

June 10 - 13, 2014
The New York Academy of Medicine
1216 Fifth Avenue (at 103rd Street)
New York, NY • 212-822-7271

COURSE DIRECTOR:
Stephan A. Mayer, MD, FCCM
Director, Institute for Critical Care Medicine
Departments of Neurology and Neurosurgery
Icahn School of Medicine at Mount Sinai

COURSE CO-DIRECTOR:
Scott Weingart, MD
Director of Emergency Critical Care,
Elmhurst Hospital
Icahn School of Medicine at Mount Sinai

Program Highlights:

TUESDAY JUNE 10
- Morning: Advanced Resuscitation Symposium
- Afternoon: Therapeutic Hypothermia: Dawn of a New Era
- Point-Counterpoint: Cardiac Arrest: Target 33 °C versus 36 °C
- Late Afternoon: SIM-COOL: Hands-On Simulator Workshop

WEDNESDAY JUNE 11
- Full-Day Review Course: Nuts + Bolts Of Neurocritical Care
- Abstract Plenary Session: Case Studies in Cheating Death

THURSDAY JUNE 12
- Full Day Symposium: The Need for Speed: Strategies for Rapid Reperfusion
- 2014 Keynote Address: Regionalizing Stroke Care: The Future
- Late Afternoon: SIM-Stroke: Hands-On Simulator Workshop

FRIDAY JUNE 13
- AM Parallel Session: Multimodality and EEG Monitoring Workshop
- AM Parallel Session: Neurocritical Care Boot Camp: Neuroradiology and EEG
- Small Group Workshop: Neurocritical Care Skills Workstations
## ACCREDITATION/DESIGNATION OF CREDIT

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 26.50 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American College of Nurse Practitioners (ACNP) and the American College of Physicians Assistants (ACPA) accept AMA PRA category 1 credit from organizations accredited by the ACCME.

The American Nurses Credentialing Center (ANCC) accepts AMA PRA category 1 credit toward recertification requirements.

## FACULTY DISCLOSURE

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

## SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Page and William Black Post-Graduate School at 212.731.7950.

## PROGRAM DIRECTOR

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<td>Scott Weingart, MD</td>
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<td>Director of Emergency Critical Care</td>
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<td>Elmhurst Medical Center, NY, NY</td>
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## VISITING FACULTY

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<th>Name</th>
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<tr>
<td>Sachin Agarwal, MD</td>
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<td>Robert Arntfield, MD</td>
<td>Assistant Professor of Critical Care Ultrasound Division</td>
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<td>Western University, London, Ontario, Canada</td>
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<td>Tracy Berlin, MSN-Ed, RN, BSN, CCRN, CNRN</td>
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<td>Ethan Brandler, MD</td>
<td>Clinical Assistant Professor of Emergency Medicine</td>
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<td>David Crippen, MD</td>
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<td>Michael DeGeorgia, MD</td>
<td>Maxine Stone Flower Professor of Neurology</td>
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<td>Director, Neurocritical Care Case Western Reserve University, Cleveland, OH</td>
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<td>Brandon Foreman, MD</td>
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<td>Oren Friedman, MD</td>
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## ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI FACULTY

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This Session Features an Audience Response System for interactive Learning
1:00 PM Welcome and Introduction Stephan A. Mayer, MD

POINT-COUNTERPOINT

1:05 PM Cardiac Arrest: The Optimal Target is 36 °C
   Niklas Nielsen, MD
1:30 PM Cardiac Arrest: Why You Should Continue to Cool to 33 °C
   David Seder, MD
1:55 PM Panel Discussion and Consensus Recommendations

2:15 PM Pre-Hospital Cooling: The Future
   Sven Poli, MD
2:40 PM NYC Cardiac Arrest Protocols in a New Era
   Brad Kaufman, MD
3:15 PM Monitoring the Brain in Cardiac Arrest
   Sam Parnia, MD
3:40 PM Panel Discussion and Consensus Recommendations
4:00 PM Refreshment Break

SIM COOL: SMALL-GROUP HANDS-ON SIMULATOR WORKSHOPS

MODERATOR: SACHIN AGARWAL, MD
Equipment and unrestricted educational grants to support this special workshop have been provided by Zoll Circulation and Medivance. Equipment has been Donated by Laerdal.

Note: Space is limited. Attendance requires pre-registration and a supplementary registration fee.

4:30 PM Workstation 1: Cardiac Arrest
   Workstation 2: ICU Crisis
5:30 PM De-Briefing and Review
6:00 PM Adjourn

NEUROCRITICAL CARE
A full day devoted to the fundamentals of neurocritical care. Management protocols that you can use in the ED and ICU will be provided in the syllabus.
7:00 AM Registration

ABC + ICP
Moderator: Stephan A. Mayer, MD
8:00 AM Airway Management in Coma
   Scott Weingart, MD
8:25 AM Ventilating the Brain-Injured Patient
   David Seder, MD
8:50 AM Circulatory Optimization after Brain Injury
   Errol Gordon, MD

9:15 AM ICP Crisis: A Stepwise Approach
   Stephan A. Mayer, MD
9:40 AM Panel Discussion
10:00 AM Coffee Break + Exhibits

HOMEOSTASIS
Moderator: Rich Savel, MD
10:30 AM Sedation and Delirium: SCCM Guideline Update
   Michael DeGeorgia, MD
10:55 AM Feed the Brain: Nutrition and Glycemic Control
   Rich Savel, MD
11:20 AM Sodium and Water: New Insights
   Stephan A. Mayer, MD
11:45 AM Chill Out: Therapeutic Temperature Management
   Sven Poli, MD
12:10 AM Panel Discussion
12:30 PM Luncheon with Faculty Members + Exhibits

SPECIAL TOPICS
Moderator: David Crippen, MD
1:30 PM ICU Infections: Prevention and Treatment
   Adel Basily-Marcus, MD
1:55 PM Stop the Bleeding: Emergency Reversal of Anticoagulation
   Stephan A. Mayer, MD
2:20 PM Super-Refractory Status Epilepticus
   Aaron Lord, MD
2:45 PM Death by Neurological Criteria: Changing Interpretations
   David Crippen, MD
3:10 PM Panel Discussion
3:30 PM Exhibit Hall Wine and Cheese Social Reception

PLENARY ORAL PRESENTATION SESSION:
4:00 – 5:00 PM

CASE STUDIES IN CHEATING DEATH: HOW TEAMWORK MAKES A DIFFERENCE

Faculty: Stephan A. Mayer, MD
Here’s YOUR chance to present an amazing case of recovery. The kind of patient that inspires your practice. The kind you will never forget.

Attendees are invited to submit a brief 250 word abstract that illustrates how ingenuity, innovation, teamwork, and persistence helped a patient recover against all odds. Team presentations are encouraged.

Submit your presentation by April 15, 2014 at: www.nyneurosymposium.org/cheating death

Four abstracts will be selected. Each presentation is 8 minutes with 7 minutes of Q&A.
of discussion by the panel and audience. Attendees selected to present will be notified no later than May 1, 2014. Abstracts will be graded according to (1) novelty and originality, (2) teaching value, and (3) description of interventions and outcome assessment. A panel of faculty judges will present a plaque and $250 award for the best abstract.

THURSDAY, JUNE 12
2ND NATIONAL CONSENSUS CONFERENCE
THE NEED FOR SPEED: STRATEGIES FOR RAPID REPERFUSION

It has become increasingly evident that optimal stroke intervention to attain rapid vessel recanalization requires a highly coordinated team effort between multiple disciplines across the continuum of care, from the ambulance to the ICU. In this consensus conference, national and world leaders will share cutting-edge protocols, implementation strategies, and best clinical practices for minimizing onset-to-reperfusion time.

This Session Features an Audience Response System for interactive Learning

7:00 AM Registration
8:00 AM Fast and Furious: Breaking the Speed Barrier for Stroke
Stephan A. Mayer, MD

8:10 AM Pre-Hospital Stroke Care: The Golden 30 Minutes
Shyam Prabhakaran, MD

8:35 AM Optimizing Pre-Hospital Recognition of Stroke
Ethan Brandler, MD

9:00 AM Panel Discussion and Consensus Recommendations

Emergency Stroke Resuscitation and Imaging

Scott Weingart, MD

9:45 AM Emergency Stroke Brain Imaging: is Less More?
Rishi Gupta, MD

10:10 AM Panel Discussion and Consensus Recommendations

10:30 AM Coffee Break and Exhibits

TPA: More, Better, Faster

11:00 AM 20 Minutes to TPA: The Helsinki Protocol
Shyam Prabhakaran, MD

10:25 AM TPA: When to Break the Rules
James C. Grotta MD

11:40 AM Panel Discussion and Consensus Recommendations

12:00 PM Luncheon and Exhibits

Streamlining Intra-Arterial Therapy

1:00 PM The New Era of Stentriever Technology
Iman Patel, MD

1:25 PM Ultra-Fast Reperfusion: The Future of Stroke Therapy
Rishi Gupta, MD

1:50 PM Panel Discussion and Consensus Recommendations

Critical Care of the Reperfused Brain

2:10 PM Minimizing Brain Reperfusion Injury
Stephan A. Mayer MD

2:35 PM Optimizing Stroke Unit Care and Transition to Recovery
Stan Tuhrim, MD

3:00 PM Panel Discussion and Consensus Recommendations

11TH NY SYMPOSIUM KEYNOTE ADDRESS
3:20 PM Regionalizing Stroke Care: A Glimpse Into the Future
James C. Grotta, MD

4:00 PM Reception and Exhibits

NEW SIM-STROKE: SMALL-GROUP HANDS-ON SIMULATOR WORKSHOPS

MODERATOR: SACHIN AGARWAL, MD
Equipment and unrestricted educational grants to support this special workshop have been provided by Zoll Circulation and Medivance. Equipment has been Donated by Laerdal. Note: Space is limited. Attendance requires pre-registration and a supplementary registration fee.

4:30 PM Workstation 1: Headaches and Acute Left Hemiplegia
Workstation 2: Ataxia and Diplopia

5:30 PM De-Briefing and Review

6:00 PM Adjourn

FRIDAY, JUNE 13
DAY 4
PARALLEL HANDS-ON WORKSHOP SESSIONS

MORNING PARALLEL SESSION
NEUROCUTLITICAL CARE
BOOT CAMP

A Fundamental Neuroimaging and EEG Skills Workshop for the Practicing Provider Downstairs Auditorium

This Session Features an Audience Response System for interactive Learning

Moderator: Stephan A. Mayer, MD

8:00 AM Rapid Bedside Neurological Assessment
Stephan A. Mayer, MD

8:25 AM Neuroimaging 101: CT and MRI Fundamentals
Pina Sanelli, MD

8:50 AM EEG 101: Bedside EEG in the ICU
Emily Gilmore, MD

9:15 AM Neuroimaging 102: CT Angiography and Perfusion
Pina Sanelli, MD

9:40 AM EEG 102: Recognizing Seizures
Emily Gilmore, MD

10:05 AM Panel Discussion

10:30 AM Refreshments + Exhibits

Imaging and EEG Workstations
Small Group Interactive Workstations Upstairs
10:30 AM to 12:00 Noon

12:00 PM Adjourn

MORNING PARALLEL SESSION
MULTIMODALITY MONITORING Workshop IA

Update on Advanced Multimodality Brain Monitoring Techniques
Upstairs Meeting Room
Moderator: Michael DeGeorgia, MD

8:00 AM Data Acquisition and Analysis Systems
J. Michael Schmidt, PhD

8:25 AM Brain Tissue Oxygen and CBF
Michael DeGeorgia, MD

8:50 AM EEG Depth Electrode
Brandon Foreman, MD

9:15 AM Microdialysis
Sachin Agarwal, MD

9:40 AM Panel Discussion

10:00 AM Refreshment Break

Brain Monitoring and Procedural Workstations
Small Group Interactive Workstations Upstairs
10:30 AM to 12:00 Noon

Multimodality Case Studies
Stephan A. Mayer, MD

CNS Monitor Case Studies
Dick Moberg, MSE
Tracy Berlin, MSN-Ed, RN

Airway Workshop
Chris Zammitt, MD

Percutaneous Tracheostomy Workshop
Adel Basilly-Marcus, MD

12:00 PM Adjourn
**LEARNING OBJECTIVES**
At the conclusion of the course, attendees will be able to:

- Integrate new pharmacologic therapies, device interventions and monitoring technologies into their current practice.
- Understand and evaluate state-of-the-art management protocols for use in the emergency room and ICU.
- Incorporate evidence-based best-medical practices into daily practice in the emergency room and ICU.

**THE FOUR DAY PROGRAM INCLUDES:**

1. A half-day symposium on advanced resuscitation techniques
2. A half-day session devoted to therapeutic hypothermia after cardiac arrest
3. A hands-on simulation workshop devoted to bedside cooling
4. A full-day review of the fundamentals of neurocritical care
5. A case-based abstract plenary session
6. A full-day symposium on new strategies for minimizing door-to-reperfusion time
7. A keynote address on the future of regionalized stroke system design
8. A hands-on simulation workshop devoted to novel team stroke algorithms
9. A half-day workshop focused on the basics of CT and EEG interpretation
10. A half-day workshop devoted to brain multimodality monitoring
11. Case-based small group workstations demonstrating

The program will feature succinct evidence-based presentations followed by ample time for discussion of questions from the audience. Attendees will be given the opportunity to discuss specific clinical situations and areas of controversy with the faculty. A comprehensive course syllabus will also be provided in the form of a USB drive.

**MEETING LOCATION**
The New York Academy of Medicine  
1216 Fifth Avenue (at 103rd Street)  
New York, NY  
212-822-7200  
www.nyam.org

**PARKING**
Parking is available at garages near the New York Academy of Medicine. Parking fees will be charged according to standard rates.

**HOTEL ACCOMMODATIONS**
Blocks of rooms have been reserved at several properties in New York. These special room rates are available to the attendees from June 9 – 14, 2014. Please note, all rates quoted are subject to state and local taxes. Other rates and conditions may apply, please check with the individual properties for details. Reservations must be made directly with the property of your choice. To receive the room rates quoted remember to mention that you are a registrant of the Mount Sinai’s Neurological Emergencies and Neurocritical Care Symposium. Space at the properties will be held until the cut-off dates listed or until the room blocks have been exhausted, whichever comes first. Reservations received after the cut-off dates are subject to availability and prevailing rates.

**NYLO NEW YORK CITY**
2178 Broadway  
New York, NY 10024  
http://www.nylohotels.com/nych  
(800) 509-7598  
(212) 362-1100  
Rates from $259  
Cut-off: May 10, 2014  
NYLO NYC Neurological Emergencies Conference Reservation  
Group #: 447453

**HOTEL WALES**
1295 Madison Avenue  
New York, NY 10128  
http://www.hotelwalesnyc.com/  
(866) 925-3746  
(212) 876 6000  
Classic Queen: $265  
Cut-Off: May 12, 2014  
Group #: 146618

**FOR ADDITIONAL HOTEL ACCOMMODATIONS**
Please contact our Housing Manager, Denise Newman,  
Email: dnew229@aol.com  
Phone: 718-835-4911  
Fax: 718-835-8661

**ADDITIONAL INFORMATION**
For Conference Information:  
Contact The Page and William Black  
Post-Graduate School  
Icahn School of Medicine at Mount Sinai  
Email: cme@mssm.edu or call the Office of CME at 212-731-7950

**TUITION**
Registrants may attend any single day of the symposium, or attend the entire four-day symposium and receive a discount.

**SINGLE DAY**
Physicians: $250 per day  
Other health professionals: $175 per day  
Fellows and Residents: $150 per day*  
Non-health care provider: $250 per day

**ENTIRE FOUR DAY SYMPOSIUM**
Physicians: $750  
Other health professionals: $500  
Fellows and Residents: $425*  
Non health care provider: $750

* Letter from program director certifying status is required for the reduced rate.

Fees include admission to the academic presentations and exhibits, continental breakfast, lunch and refreshments, and a digital syllabus containing copies of all of the presentations. Confirmation of registration will be sent upon receipt of the registration form.

**CANCELLATION POLICY**
Refund of registration fee, less a $25 administrative fee, will be made if written notice of cancellation is received by April 1, 2014. No refunds can be made thereafter.

**REGISTRATION**
Space is limited. Early registration is encouraged.

**By mail:** Complete the registration card and mail with check to:  
Icahn School of Medicine at Mount Sinai  
The Page and William Black  
Post-Graduate School  
One Gustave L. Levy Place,  
Box 1193  
New York, NY 10029

**On-Line:**  
www.mssm.edu/cme/courses  
Telephone registrations and or cancellations are not accepted.
Registration Form
MOUNT SINAI Neurological Emergencies + Neurocritical Care

(Please print or type)

_________________________________________________________________
Last Name

Degree (MD, PhD, RN/LPN, NP, PA, PharmD, MBA)

_________________________________________________________________
First Name

Middle Initial

__________________________________________________________________
Address

City
State
Zip

__________________________________________________________________
Daytime Phone

Daytime Fax

__________________________________________________________________
e-mail

__________________________________________________________________
Institution

Specialty / Area of Interest

☐ Neurology
☐ General Surgery
☐ Neurosurgery
☐ Pharmacy
☐ Critical Care
☐ Nursing
☐ Emergency Medicine
☐ Industry/technology
☐ Internal Medicine
☐ Other: ____________________________

Please check all that apply and write total at bottom.

Day 1
TUES, JUNE 10
RESUS-CITATION SYMPOSIUM & SIM-COOL

Physicians
☐ $250

Other Healthcare Professionals (RN, NP, PA, RT)
☐ $175

Students, Fellows & Residents (letter required)
☐ $150

Non-Health Care Provider
☐ $250

Day 2
WED, JUNE 11
NUTS + BOLTS

Physicians
☐ $250

Other Healthcare Professionals (RN, NP, PA, RT)
☐ $175

Day 3
THUR, JUNE 12
STROKE: NEED FOR SPEED

Physicians
☐ $250

Other Healthcare Professionals (RN, NP, PA, RT)
☐ $175

Students, Fellows & Residents (letter required)
☐ $150

Non-Health Care Provider
☐ $250

Day 4
FRI, JUNE 13
BOOT CAMP + WORKSHOPS (1/2 DAY)

Physicians
☐ $200

Other Healthcare Professionals (RN, NP, PA, RT)
☐ $125

Students, Fellows & Residents (letter required)
☐ $100

Non-Health Care Provider
☐ $200

Day 1-4
ENTIRE FOUR DAYS (26.50 hours of CME)

TOTAL DUE: $_______________

Two Ways To Register
1. Online at www.mssm.edu/cme/courses
2. Mail this form with your check to:
Icahn School of Medicine at Mount Sinai,
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574
Enclosed is my check for $____________ payable to:
The Page and William Black Post-Graduate School

For Security purposes, credit card payment cannot be accepted by mail or fax. Please visit www.mssm.edu/cme/courses to register and pay by credit card:
American Express, Master Card or Visa.

FOR ONSITE REGISTRATION ONLY
Bill my credit card $____________
☐ MasterCard ☐ Visa ☐ American Express

Card Number __________________ Exp. Date ____________
Cardholder’s Name (please print): ____________________________
Signature: ____________________________
Mail to:
Icahn School of Medicine at Mount Sinai,
The Page and William Black Post-Graduate School
One Gustave L. Levy Place,
Box 1193
New York, NY 10029-6574
The 11th New York Symposium:
Neurological Emergencies & Neurocritical Care

June 10 - 13, 2014
The New York Academy of Medicine
1216 Fifth Avenue (at 103rd Street)
New York, NY
212-822-7271
www.mssm.edu/cme/courses

WHAT PEOPLE SAID ABOUT THE 10TH NY SYMPOSIUM:

“Exceptional speakers and lectures. I will definitely attend this symposium in the future.”

“I love this course. This is the second time I have taken it. I look forward to taking it again. The content was cutting edge stimulating and thought provoking. The speakers were experts in their fields and the venue was well suited for the needs of the participants.”

“This is the best neurocritical care conference I have ever attended.”

“I try to attend the New York Symposium every year because the information is cutting edge and objective. It is great to see what the leaders of my scope of practice are thinking and predicting. I am definitely planning on attending next year.”

“The conference gets better every year--information is not only current based on accumulated data but how to utilize the information most effectively clinically.”

“Lectures were organized with relevant information, speakers were knowleageable, engaging and willing to answer questions. The panels are an excellent way to tie the audience into the lectures.”