

Bedside Shivering Assessment Scale (BSAS):

0 – None: No Shivering

1 – Mild: Shivering localized to neck/thorax, may be seen only as artifact on ECG or felt by palpation

2 – Moderate: Intermittent involvement of the upper extremities +/- thorax

3 – Severe: Generalized shivering or sustained upper/lower extremity shivering

(Abstract: Neurocritical Care 2007;6:228)